

Sofia T. Stepanvan, Ph. D

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EDUCATION

Ph.D. Developmental Psychology Department of Psychology University of California, Riverside Advisor: Misaki Natsuaki, Ph.D.	Summer 2020
M.A., Developmental Psychology Department of Psychology University of California, Riverside	Spring 2016
B.A., Psychology Department of Psychology University of California, Los Angeles	Summer 2012

PROFESSIONAL EXPERIENCES

Adjunct Professor Department of Psychology California State University, Northridge	2024-present
Adjunct Professor Department of Psychology Gannon University	2023-2023
Assistant Professor Department of Psychology Gannon University	2020-2022
Graduate Teaching Assistant University of California, Riverside	2014-2020
Graduate Research Assistant Developmental Transitions Laboratory University of California, Riverside	2014-2020

RESEARCH PUBLICATIONS

- **Stepanyan, S. T.**, Bath, E. (2023). Forensic assessments in delinquency cases. In Lorandos D. (ed.), *The Litigator's Handbook of Forensic Medicine, Psychiatry and Psychology*.
- Natsuaki, M. N., **Stepanyan, S. T.**, Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (2021). Do I look gawky? The association between pubertal asynchrony and peer victimization. *Children*, 8(9), 794.

- **Stepanyan, S. T.**, Natsuaki, M. N., Cheong, Y., Hastings, P. D., Zahn-Waxler, C., & Kilmes-Dougan, B. (2020). Early pubertal timing and adolescents' externalizing behaviors: The protective role of cognitive flexibility. *Journal of Adolescence*, *84*, 45-55. doi: 10.1016/j.adolescence.2020.07.008
- **Stepanyan, S. T.**, Sidhu, S. S., & Bath, E. (2016). Juvenile competency to stand trial. *Child and Adolescent Psychiatric Clinics of North America*, *25*(1), 49-59. doi: 10.1016/j.chc.2015.08.008
- Goenjian, A. K., Noble, E. P., Steinberg, A. M., Walling, D. P., **Stepanyan, S. T.**, Dandekar, S., & Bailey, J. N. (2015). Association of COMT and TPH-2 genes with DSM-5 based PTSD symptoms. *Journal of Affective Disorders*, *172*, 472-478. doi: 10.1016/j.jad.2014.10.034
- Bath, E., Sidhu, S., & **Stepanyan, S. T.** (2013). Landmark legislative trends in juvenile justice: An update and primer for child and adolescent psychiatrists. *Journal of the American Academy of Child and Adolescent Psychiatry*, *52* (7), 671-673. doi: 10.1016/j.jaac.2013.03.017

PUBLICATIONS IN PREPARATION

- **Stepanyan, S. T.**, Natsuaki, M. N., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (in preparation). Linking early onset of puberty and parenting via environmental pathways: Evidence from an adoption study.
- **Stepanyan, S. T.** (in preparation). Does weight matter? The role of actual and perceived body weight in the trajectories of internalizing symptoms in childhood.
- Varghese, A. M., **Stepanyan, S.T.**, Natsuaki, M. N., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (in preparation). What's genes got to do with it? How adoptive parents' opinions on genetic inheritance impact the association between child shyness and parental competence.

INVITED TALKS

- Development in Context: Influences of Biology, Parents, and Peers.
Invited colloquium talk at the Department of Psychology, La Sierra University
Riverside, CA. October 2019
- Puberty and Externalizing Behaviors: Do Peers Matter?
Invited colloquium talk at the Department of Psychology, California State University, Northridge
Northridge, CA. October 2019

RESEARCH PRESENTATIONS

- **Stepanyan, S.T.**, Natsuaki, M. N., Ganiban, J. M., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (May 2021). *Does weight matter? The role of actual and perceived body weight in the trajectories of internalizing symptoms in childhood*. Abstract accepted to the 2021 American Psychological Association Virtual Convention and Poster Showcase.
- Varghese, A. M., **Stepanyan, S.T.**, Natsuaki, M. N., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (March 2021). *What's genes got to do with it? How adoptive parents' opinions on genetic inheritance impact the association between child shyness and parental competence*. Poster presented at the Society for Research on Adolescence 2021 Virtual Conference.
- **Stepanyan, S.T.**, Natsuaki, M. N., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (accepted). *Associations between child behavioral problems and child rearing disagreements: The mediating role of negative parenting*. Abstract accepted but cancelled (due to COVID-19 pandemic) for the 2020 Biennial Meeting for the Society for Research on Adolescence.
- **Stepanyan, S.T.**, Natsuaki, M. N., Dimler, L. M., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L.

- D (March 2019). *Parental monitoring mediates the puberty-externalizing problems link: Findings from an adoption study*. Poster presented at the 2019 Biennial Meeting for the Society for Research in Child Development, Baltimore, MD.
- **Stepanyan, S.T** (September 2018). *Does weight matter? The role of actual and perceived body weight in the trajectories of internalizing symptoms in childhood*. Paper presented at EADP-EARA-SRA Summer School, Ghent, Belgium.
 - **Stepanyan, S.T.**, Varghese, A., Weichold, K., & Natsuaki, M. N. (August 2018). *Early maturation and behavioral problems: A cross cultural investigation*. Poster presented at the 126th Annual APA Convention, San Francisco, CA.
 - Natsuaki, M. N. **Stepanyan, S. T.**, & Varghese, A. M. (July 2018). *Puberty cross-culturally: The meaning and experience of physical changes during puberty*. An invited talk presented at the International Society on Studies of Behavioral Development, Gold Coast, Australia.
 - **Stepanyan, S. T.**, Natsuaki, N. M., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D. (May 2017). *Linking early puberty and negative parenting via environmental pathways*. Poster presented at the Rudd Summer Adoption Research Institute at the University of Massachusetts Amherst, Amherst, MA.
 - **Stepanyan, S. T.**, Natsuaki, M. N., Monroy, J., Cheong, Y., Hastings, P. D., Zahn-Waxler, C., & Kilmes-Dougan, B. (April 2017). *Early pubertal timing and adolescents' externalizing behaviors: The protective role of cognitive flexibility*. Talk presented at the 2017 Biennial Meeting for the Society for Research in Child Development, Austin, TX.
 - Dimler, L. M., Natsuaki, M. N., **Stepanyan, S. T.**, Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L.D (May 2016). *Parenting as a moderator of the effects of pubertal timing on problem behaviors: Preliminary findings from a genetically sensitive design*. Poster presented at the 28th annual Association for Psychological Sciences Convention, Chicago, IL.
 - **Stepanyan, S. T.**, Natsuaki, N. M., Neiderhiser, J. M., Shaw, D. S., Reiss, D., & Leve, L. D (March 2016). *Linking early puberty and negative parenting via environmental pathways: An example from an adoption study*. Poster presented at the 2016 Biennial Meeting for the Society for Research on Adolescence, Baltimore, MD.
 - **Stepanyan, S. T.**, Bailey, J N., & Goenjian, A. K (July 2013). *Association of COMT and TPH 2 genes with PTSD Symptoms*. Talk presented at 11th annual Armenian Medical World Congress, Hollywood, CA.
 - **Stepanyan, S. T.**, Shemmassian, S., & Lee, S (May 2013). *Inconsistent parental discipline as a mediator between childhood ADHD and externalizing problems*. Poster presented at 25th annual Association for Psychological Sciences Convention, Washington, DC.
 - Bath, E., **Stepanyan, S.T.**, & Milburn, N (August 2013). *Adapting a family-based intervention for reentry juvenile justice youth*. Poster accepted for presentation at 121st Annual American Psychological Association Convention, Honolulu, HI.
 - Bath, E., & **Stepanyan, S.T** (July 2013). *Psychiatric correlates of competency to stand trial in young offenders*. Talk presented at International Academy of Law of Mental Health (IALMH) Congress, Amsterdam, Netherlands.
 - Fierstein, M., **Stepanyan, S.T.**, & Chorpita, B.F. (November 2012). *A randomized trial of modular cognitive behavioral therapy and cognitive behavioral hypnotherapy for anxiety in Iranian elementary school children*. Poster accepted for presented at Association of Behavioral and Cognitive Therapies (ABCT) Convention, National Harbor, MD.
 - Korathu-Larson, P., **Stepanyan, S.T.**, Haeger, B., Chorpita, B.F., & Ward, A (November 2012). *The*

relationship between parental stress and caregiver participation: Does a weekly phone call change it all? Poster accepted for presentation at Association of Behavioral and Cognitive Therapies (ABCT) Convention in National Harbor, MD.

- **Stepanyan, S. T.**, Shemmassian, S., & Lee, S (May 2012). *The associations of child externalizing and internalizing disorder symptoms with multi-domain parental stress.* Poster presented at Stanford Undergraduate Psychology Conference (SUPC), Stanford, CA.

TEACHING EXPERIENCE

Gannon University

Department of Psychology

Undergraduate Instruction

Instructor: Introduction to Psychology (PSYC 111)

Spring 2021

Instructor: Health Psychology (PSYC 234)

Spring 2021

Instructor: Clinical Psychology (PSYC 391)

Spring 2021/Spring 2022

Instructor: Criminal Justice Statistics (CRJS 360)

Fall 2020

Instructor: Psychological Statistics (PSYC 211)

Fall 2020/2021

Instructor: Psychopathology (PSYC 232)

Fall 2020/2021; Spring 2021/2022; Summer 2021/2022

Instructor: Adolescent Psychology (PSYC 390)

Fall 2021/Fall 2022

University of California, Riverside

Department of Psychology

Undergraduate Instruction

Instructor: Introduction to Psychology (PSYC 002)

Summer 2016

Instructor: Abnormal Psychology (PSYC 152)

Summer 2017/2019

Teaching Assistant: Fundamentals of Learning and Conditioning (PSYC 130)

Fall 2015

Teaching Assistant: Abnormal Psychology (PSYC 152)

Summer 2015/Fall 2016/2017/2019

Teaching Assistant: Psychological Methods: Statistical Procedures (PSYC 011)

Spring 2016/2017/2020/Winter2017/2018/2020

Teaching Assistant: Psychological Methods: Research Procedures (PSYC 012)

Summer/Fall 2018

Graduate Instruction

Teaching Assistant: Meta-Analysis: Principles and Procedure (PSYC 259)

Spring 2019

California State University, Northridge

Department of Psychology

Undergraduate Instruction

Instructor: Advanced Inquiry in Clinical Psychology (PSYC 471C)

Fall 2019

Instructor: Statistical Methods for Psychological Research (PSYC 320/320L)

Fall 2021

Instructor: Statistical Methods for Psychological Research (PSYC 320/320L)

Spring 2024

AWARDS

- Japan Student Services Organization (JASSO) Student Exchange Support Program Scholarship Fall 2019
- Teaching Fellowship, California State University, Northridge Fall 2019
- Rudd Summer Adoption Research Institute Fellow Spring 2017/2019
- Society for Research on Adolescence (SRA) Travel Award - EADP-EARA-SRA Fall 2018
- Eugene Cota Robles Award, University of California, Riverside Fall 2014
- Dean's Honor Award, University of California, Los Angeles Fall 2010/Spring 2011
- Louis and Zephyr Stuart Scholarship, University of California, Los Angeles Alumni Association Spring 2011
- Lew and Edie Wasserman Grant Fall 2011
University of California, Los Angeles Alumni Association,
- Glendale Community College, Woman of Distinction Spring 2010
- Dean's Honor Award, Glendale Community College Fall 2009/Spring 2010
- Alumni Club Scholarship, University of California, Los Angeles Spring 2010/Fall 2011
- Kiwanis Club of Glendale Scholarship Spring 2010
- Charles H. Gibson Academic Achievement Scholarship Spring 2020
Glendale Community College
- Patrons Club Scholarship, Glendale Community College Spring
2010
- Associated Students of Glendale Community College Scholarship Fall 2009
Glendale Community College
- Cal National Bank Scholarship Spring 2008

PROFESSIONAL SERVICE

Department

- UCR Department of Psychology's Ross D. Parke Lecture Series, Spring 2018/2020
Planning Committee Member
- Online Course Design-Psychopathology, *Design Expert* Summer 2021
- Psi Chi: The International Honor Society in Psychology, *Faculty Advisor* Fall 2021-current

Profession

- AP Capstone Program, Northwest Pennsylvania Collegiate Academy, Spring 2020
Expert Statistics Advisor/Consultant

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (APA)
- Association for Psychological Science (APS)
- Society for Research on Adolescence (SRA)
- Society for Research in Child Development (SRCD)

REFERENCES

Misaki N. Natsuaki, Ph.D.
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